



## Welcome To Our Newsletter



Can you believe that December is just around the corner - what a quick year it has been! We can't wait to take part in all the festivities that this time of year brings. It has certainly been all go here in our home, but relax, grab a cuppa, and read what we've been up to recently!

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

### Newsletter Sign-Up

Best wishes,

*Gayle Duthie*

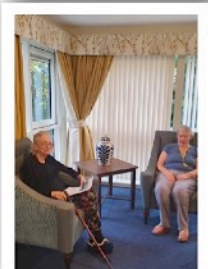
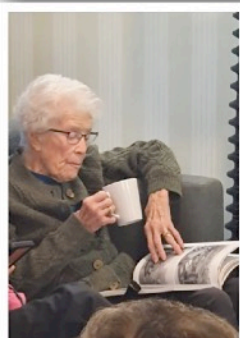
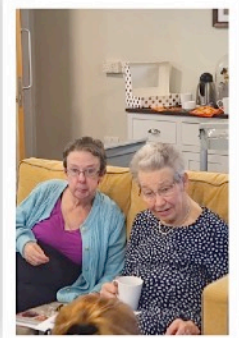
**Gayle Duthie**  
Home Manager



# Reminiscing Group

## Days Gone By...

Our Reminiscing Group has been taking time to reflect on personal life history and significant events in the past. This has sparked many meaningful conversations.





Remembrance Sunday featured heavily in our recent sessions. Homemade poppies were sold by our activity team, raising money for the resident's funds.



## Community Involvement

# *Musical Afternoon*

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## Live Entertainment

Entertainment has been supported by local singers and we enjoyed a good old-fashioned sing-along with Dennis and Moir. The accordion was a huge success with our residents joining in by ways of dancing, singing and toe-tapping!

# Church Services

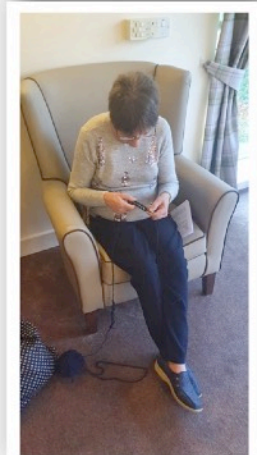
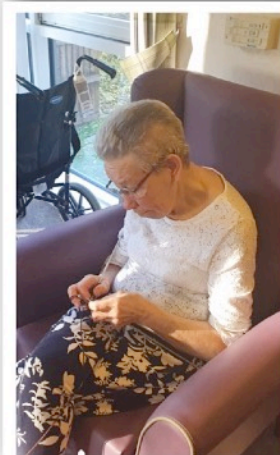
Our church services have restarted and are being hosted every third Tuesday of the month. Our in-house services are been supported by the Reverend Kenneth Petrie.

We have also received valuable support from Mannofield Parish Church in offering pastoral care to any residents and their families who may need additional support.

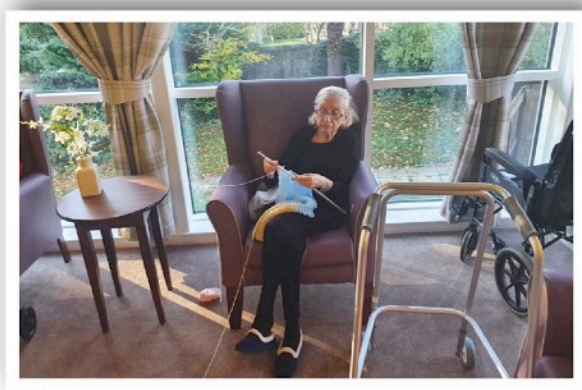
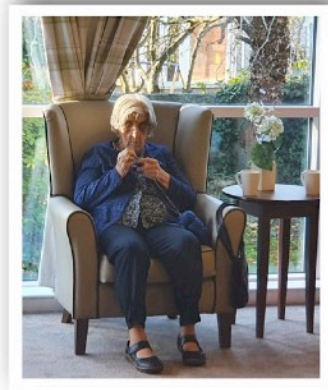
## Community Involvement

### Knitting Club

Our ladies have started a Knitting Club with the aim to make new wheelchair blankets. For the residents who struggle with knitting, they are being supported to make pompoms to further decorate our blankets. Teamwork makes the dream work!

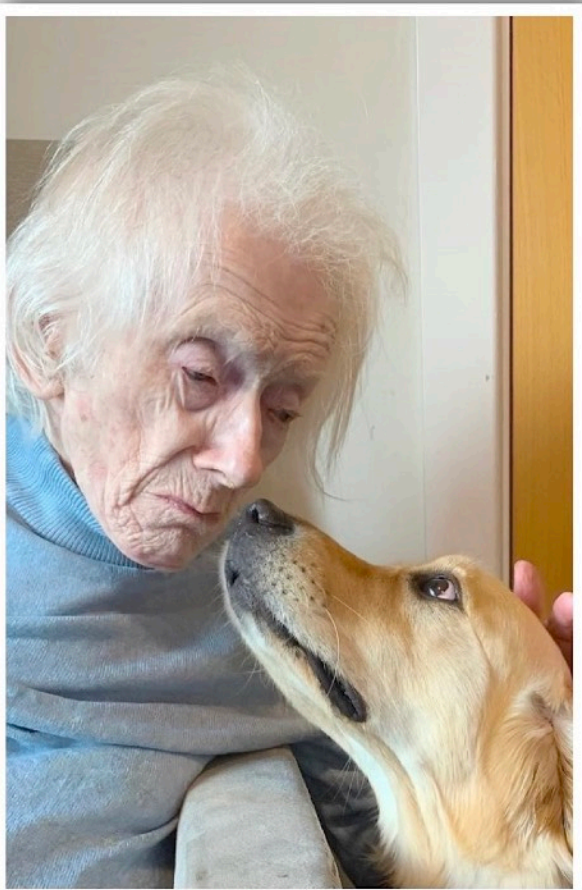






## Therapy Pet

We shall have a new therapy pet whilst Brodie undergoes some further training. We look forward to meeting our new furry friend!



## Flower Arranging

Our recent floral arranging master class was a huge hit and we aim to repeat this session in December.



## Halloween Celebrations

*Spooky Season!*

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We made sure we were suitably prepared for the spooky season by ensuring our home was filled with tasty treats and scary decorations.

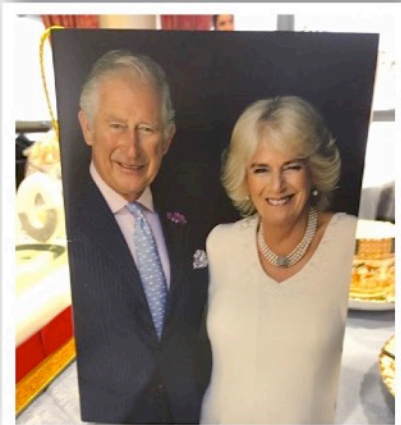
Our hard work paid off as everything came together perfectly for our 'spooktacular' Halloween Party! Residents dressing up was a 'fa-boo-lous' touch. There was also plenty of delicious food to enjoy - 'Bone' appetit!



# 100th Birthday

# Happy Birthday!

A special mention to Mr Mair MBE who celebrated his 100th birthday with us here at Rubislaw Park. Many happy returns!



## Dementia Unit Renovations

Watch this space as we work hard to renovate our Dementia Unit and create a Sensory Room for our residents. We have received the necessary approval and are hopeful for delivery in the New Year.



## Social Media

Make sure to check out the Rubislaw Park Care Home Facebook Page.

**Don't Forget To 'Like' Us!**

## Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

**Carehome.co.uk Reviews | Google My Business**

