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Welcome To Our Newsletter

A warm welcome to our March 2023 Newsletter. Blooming daffodils and warmer weather are on their way with the beginning of springtime. We hope that you are all keeping well and enjoy this insight into our busy and happy home.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Gayle Duthie

Gayle Duthie
Home Manager

Mother's Day Afternoon Tea

With Love...

Our Mothering Sunday afternoon tea was a huge success with all our ladies being treated to traditional home baking which was produced during our baking workshops. Tasty treats such as Clootie Dumplings, Cinnamon Fruit Rock Cake,

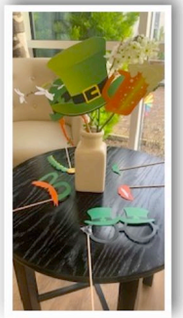
Scones and lots more... Everyone enjoyed the fruits of their labour and it was truly a very special event for all to enjoy.

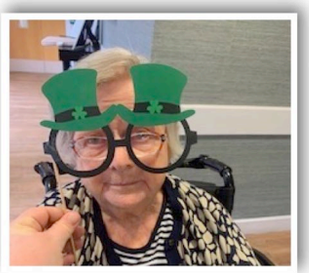
St. Patrick's Day

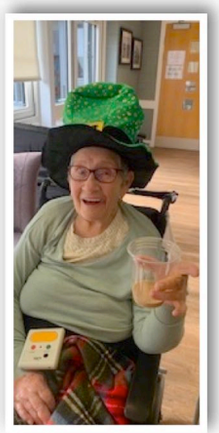
Plenty of Craic!

Therapeutic St. Patrick's Day fun with Jura along with a Happy Hour party.

All our residents got into the Irish spirit of things and enjoyed our St. Patrick's Day fun.



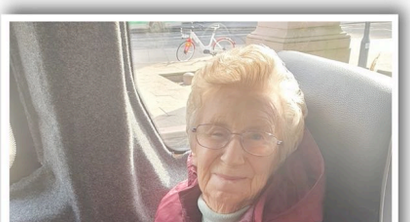


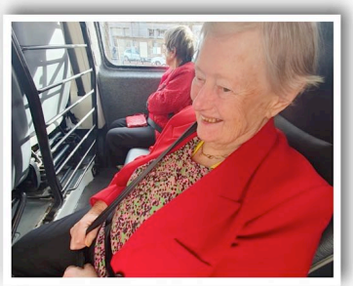


Out & About

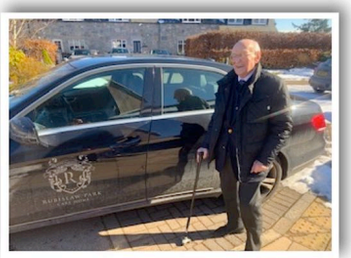
Change of Scenery

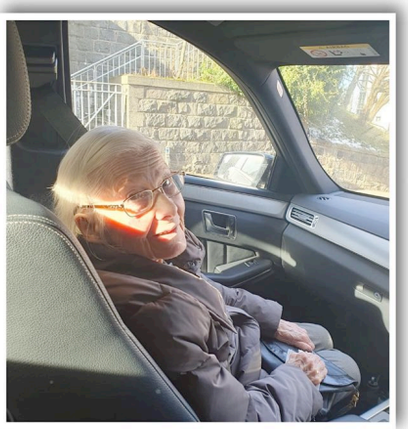
Our residents love going out and about, whether it's a chauffeur-driven experience in our car for an event or for a run in the minibus for an ice cream.

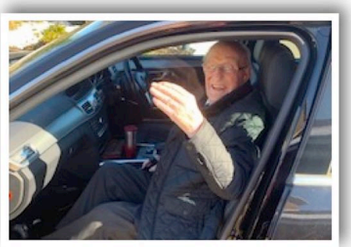




We just love a trip around our local area going to familiar places. It's always our resident's choice where they want to go, allowing independence and the opportunity to explore.



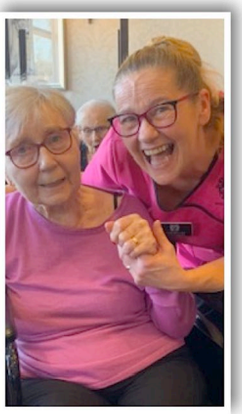


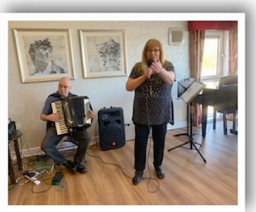


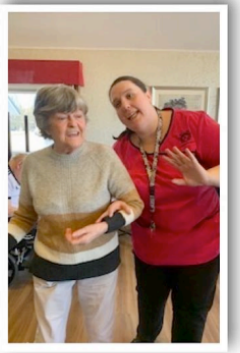
Entertainment

Musical Afternoon

We all love our entertainment events and recently we enjoyed entertainment from Dennis and Moira. They provided us with traditional Scottish music and familiar sing-along songs which everyone loves. Let's not forget all the dancing too!







Sensory Room Relaxation

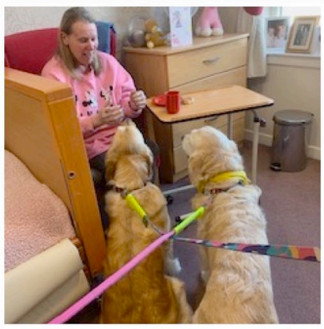
And Relax...

Our Dementia Unit has a wonderful Sensory Room where residents can relax with some music, essential oils, bubble machines and our mood lighting. This room encourages our residents to enjoy smaller groups and one-to-one sessions in a more relaxing atmosphere.

Therapet

Furry Friend

Our Therapets are always a firm favourite and they love getting up close and personal with our residents. Each visit is very therapeutic for our residents and brings real comfort - we just love them!



Arts & Crafts

Creative Creations!

Our residents love our Arts & Craft Session's and often make their own cards for family members. The most popular craft is making birthday cards for loved ones.

Valentines Day

Happy Valentine's

Love was in the air here at Rubislaw Park! As always, a fun time for our residents making sure everyone received a red rose and chocolates which made them feel extra special. We also auctioned a beautiful Valentine's Cake raising funds for our Resident's Comfort Fund which was donated back to the home for all to enjoy.

Weekly Quiz

General Knowledge

Our weekly quiz is a firm favourite with our residents and is growing more popular each week. Our residents enjoy keeping their minds active and it’s a great way of reminiscing too.

Social Media

Make sure to check out the Rubislaw Park Care Home Facebook Page.

Don't Forget To 'Like' Us!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk Reviews

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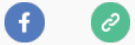

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