



Welcome To Our Newsletter



A warm welcome to our latest monthly newsletter! The past month has been full of activity and it's hard to believe that we're almost in the middle of 2023.

We're thrilled to announce that we've had an incredible month, filled with numerous joyous occasions. In this edition of the newsletter, we'll be highlighting some of the moments that made this month truly exceptional.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Gayle Duthie

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Home Manager

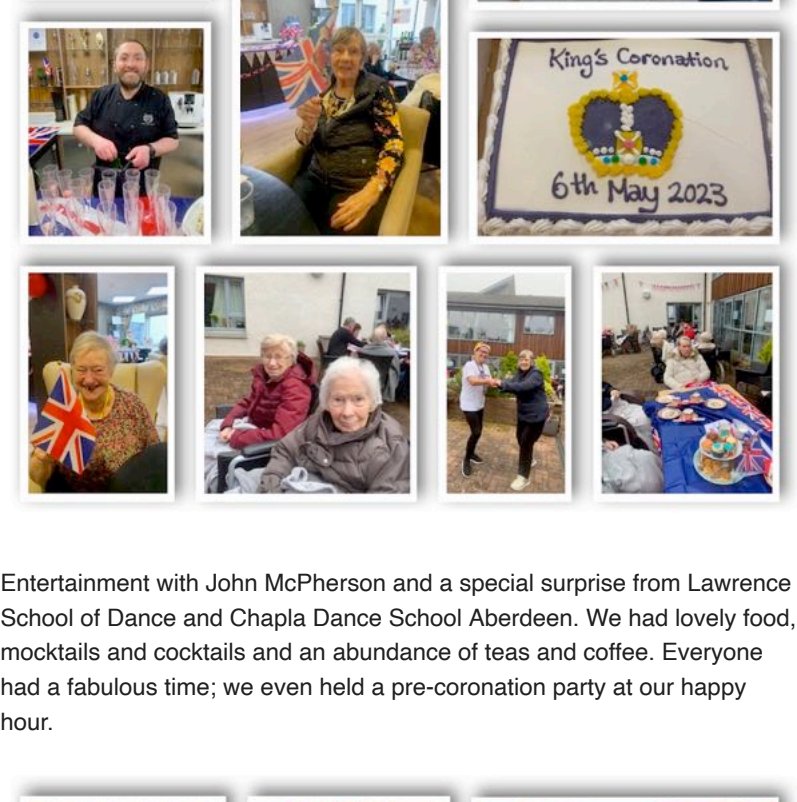


The Kings Coronation



Hip Hip Hooray!

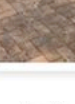
We were very busy in preparation for this wonderful occasion, and we were all looking forward to the big day. Everyone gathered for this memorable occasion, friends, family and the local community and we all had a great time. Although the sun didn't shine, it didn't dampen the day.



Entertainment with John McPherson and a special surprise from Lawrence School of Dance and Chorus Dance School Aberdeen! We had lovely food, mocktails and cocktails and an abundance of tea and coffee. Everyone had a fabulous time, we even held a pre-coronation party at our happy hour.



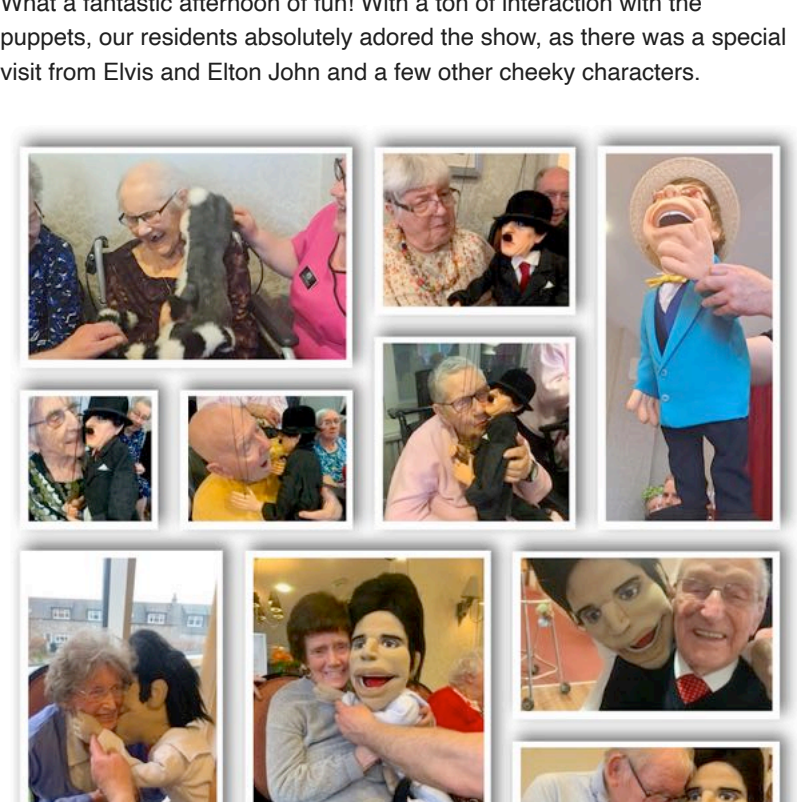
We want to thank all who got involved, including the Lord Provost, for the donation of lovely cakes and Middleton Primary School for their wonderful coronation homemade posters and bunting.



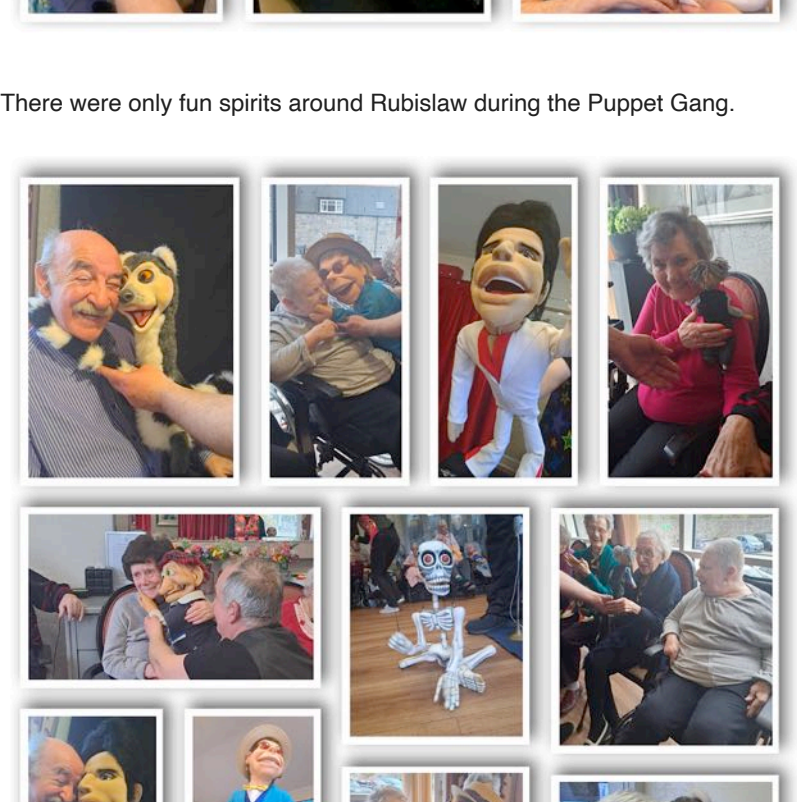
The Puppet Gang

Happiness is...

What a fantastic afternoon of fun! With a ton of interaction with the puppets, our residents absolutely adored the show, as there was a special visit from Elvis and Elton John and a few other cheeky characters.



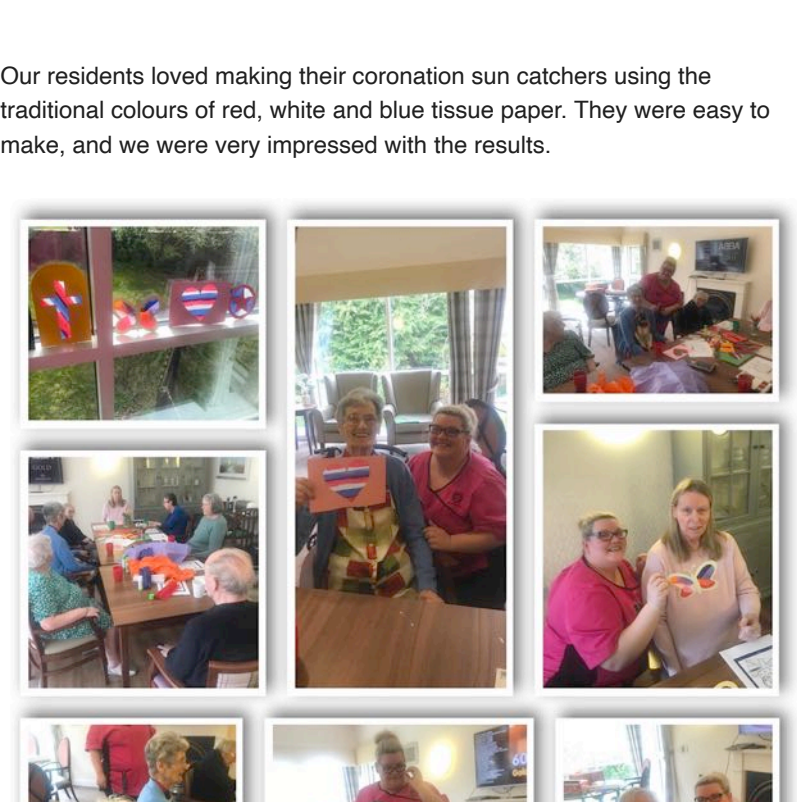
There were only fun spirits around Rubislaw during the Puppet Gang.



Arts & Crafts

Creative Creations!

Our residents loved making their coronation sun catchers using the traditional colours of red, white and blue tissue paper. They were easy to make, and we were very impressed with the results.



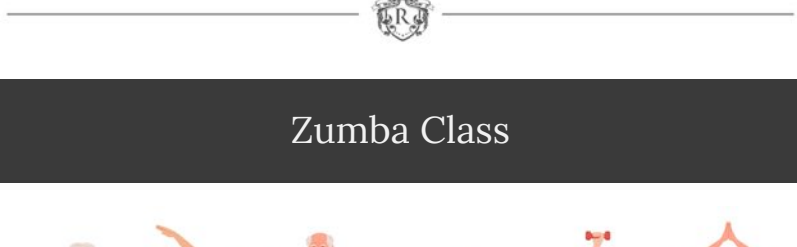
Active Games

Motion Is Motion

Active games are so enjoyable for our residents. They really love the challenge of a game! We always have lots of participation and a great social event for our residents to have fun while keeping active.



Zumba Class



Our Zumba sessions are in higher demand each week. We get so excited when Sharon, the Zumba Teacher, comes along for the session. Even our staff enjoy coming along to join in the fun. This is a great activity to enhance the well-being of all participants.



Sensory & Relaxation

And Relax...

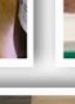
Our sensory room caters for every individual and their specific needs. Whether it is to have a head, neck and shoulder massage, listen to some relaxing music, have fun with our sensory items, dance or watch a film. Our sensory room is used every day in our activity planner, one-to-one time or small groups can come together.



International Nurses Day

Thank You!

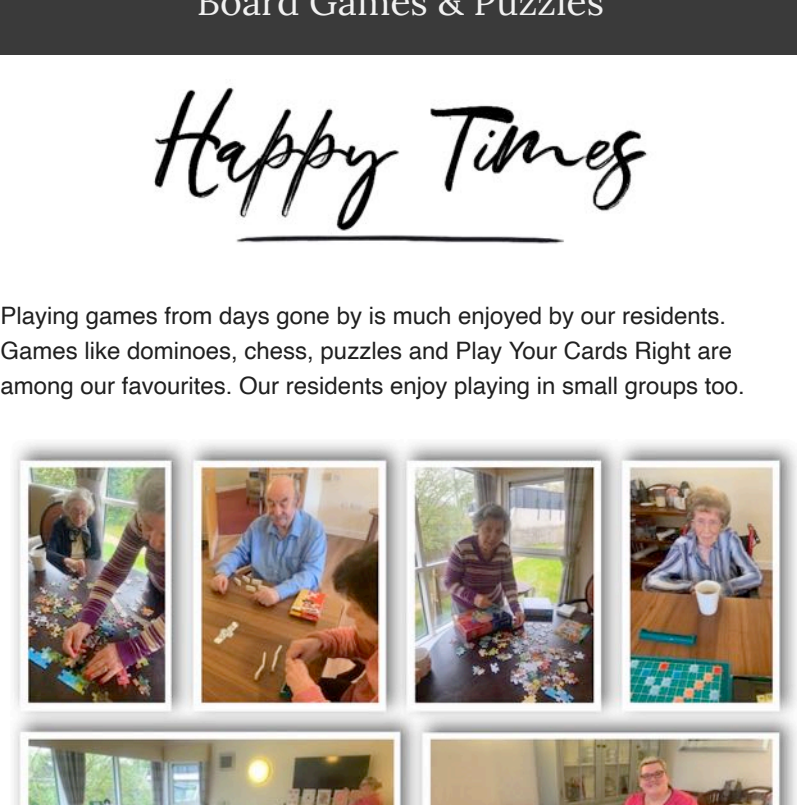
We held a great event on International Nurses Day, where we celebrated our nurses and how proud we are of them for the outstanding care they give our residents every day. We have a great team of nurses who all bring a wealth of experience, and we thank them for all their hard work and dedication to Rubislaw.



Board Games & Puzzles

Happy Times

Playing games from days gone by is much enjoyed by our residents. Games like dominoes, chess, puzzles and Play Your Cards Right are among our favourites. Our residents enjoy playing in small groups too.

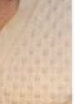
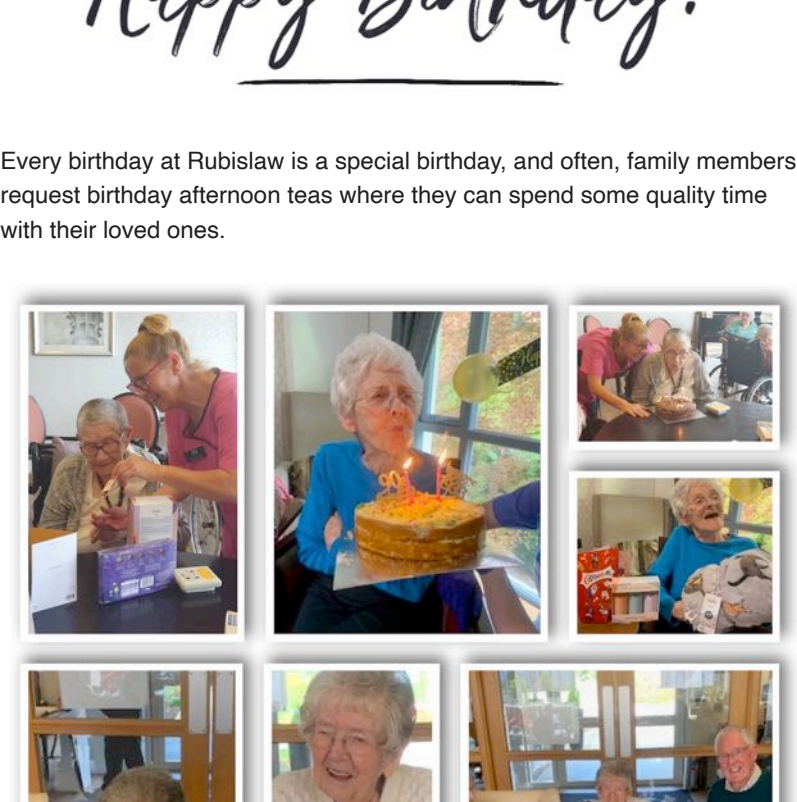


Birthday Celebrations



Happy Birthday!

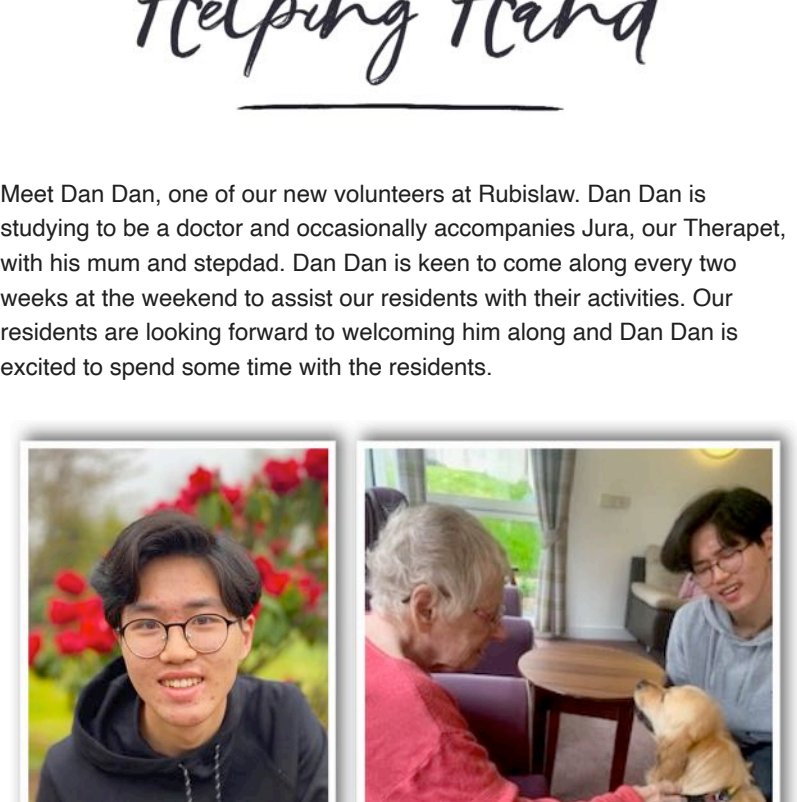
Every birthday at Rubislaw is a special birthday, and often, family members request birthday afternoon teas where they can spend some quality time with their loved ones.



Volunteer

Helping Hand

Meet Dan Dan, one of our new volunteers at Rubislaw. Dan Dan is studying to be a doctor and occasionally accompanies Jura, our Therapist, with his mum and stepdad. Dan Dan is keen to come along every two weeks at the weekend to assist our residents with their activities. Our residents are looking forward to welcoming him along and Dan Dan is excited to spend some time with the residents.



Social Media



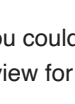
Keep In Touch

Make sure to check out the Rubislaw Park Care Home Facebook Page.

[Don't Forget To 'Like' Us!](#)



Leave A Review

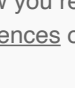


Have A Say

We would be very grateful if you could spare a few minutes to write a review for us:

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