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Welcome To Our Newsletter

Welcome to our October Newsletter.

As the days get shorter and the nights get longer our activities and social events have been focused on indoor pastimes. We do continue to get outdoors when appropriate and safe to do so. We enjoy some fresh air however with the recent storms, this has been difficult to support.

We do hope to have some news on a courtyard project, scheduled for spring next year. We will share these plans with you as they develop and would hope for your input on bringing this fantastic plan to fruition. We envisage a fantastic spring and summer in 2024 using this new facility.

We will of course keep you updated with further news on this.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Gayle Duthie

Gayle Duthie
Home Manager

Scottish Care Home of the Year Award

We have reached the final in the Scottish Care Home of the Year Awards.

We are only one of four homes who have met the requirements for this award. There is a explicit criteria for shortlisting and we are delighted to have reached the final four.

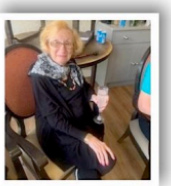
The winner will be announced in Glasgow on November the 17th. Gayle, Rachel and Fiona Scott will attend and we are keeping our fingers crossed they come home with this award. We do believe we would be very worthy of this title.

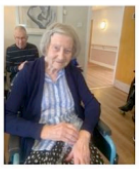
Entertainment

Singing & Dancing

We were joined by the fantastic Silver City Singers for an afternoon of good old-fashioned Barber style music. This group are renowned for offering old traditional songs in a upbeat tempo. The residents and the staff had a fantastic afternoon listening to old classics with a modern twist.

The afternoon was filled with song and laughter and we really hope to host them again in the near future.





Our happy hour afternoons are also continuing to be a highlight!

Intergenerational Collaboration

Intergenerational

We were joined by the Brownies from Craigiebuckler one evening. The residents very much enjoyed spending time with the girls, especially those whom have grandchildren who live further afield and perhaps don't get to spend regular time with them due to geographical constraints.

We do actively encourage and believe that intergenerational working has huge benefits to both the young and old in particular to teaching and imparting knowledge of skills maybe now not taught in the modern curriculum whilst the resident benefits greatly from the enthusiasm the younger generation bring to the home. We are committed to supporting these relationships and have plans for its wider growth.

Sensory Time

And Relax...

Our recently installed sensory room has been used on a regular basis and supported by Allana, our designated Sensory lead. She supports both 1:1 time and small group work within a beautiful tranquil environment. Some of our residents who suffer from cognitive impairment are benefitting greatly from the use of this bespoke therapy and we have seen some early great improvement's in some residents sleep patterns and reduction in some anxiety. If any family member would like to spend time in the room please contact the home and we can arrange this with Allana.

We would encourage you all to make use of this service to also see the benefits of such a lovely therapy.

Outings

Out & About...

We supported a group of residents to visit the Beach Ballroom. They hosted an afternoon Tea dance, an event that many of our residents would of enjoyed in years gone by. The day was fantastic and very nostalgic. Great memories and stories were shared. We hope to support further visits to such an important event.

Boogie in the Bar at Dee Swimming Club was again another fantastic day out. Despite a relatively early start of 11.00am, there were a few medicinal gin and tonics enjoyed by all. An afternoon of generational music and a lot of dancing saw the residents return to their home both happy and content.

These events evoke so many special and precious memories for our residents and it's a delight to hear the stories of meeting their spouses and spending time with special friends in times gone by at these venues. We will continue to support our residents to enjoy these moments.

Spiritual Needs

Church Services

An extended and warm thanks to Rev Kenneth Petrie who continues to visit to support our church service on a monthly basis. His service is always so well attended and uplifting. Faith is so important to many of our residents, and we are delighted that Rev Petrie has committed his time to ensure our residents can still practice. Rev Petrie has also offered to support any requested private spiritual visits. Please contact the home for further details of this and we can make arrangements for this.

Festive Plans

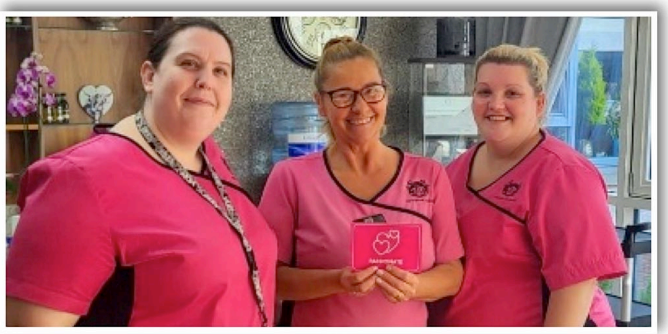
Celebrations

We have celebrated a big birthday and anniversary over the past month. Birthdays and anniversaries are such special events even more so when they mark significant milestones.

Staff News

We Appreciate You!

Our Employee of the Month saw numerous nominations from team members across the home. Our most valuable winner was Cath Kinghorn from our housekeeping team. Despite being a relatively new member of staff, her passion for ensuring cleanliness and a can-do attitude saw her as the worthy winner.



There were nominations again for the activity team, hairdresser and of course an abundance for the care, kitchen and nursing team.

A very special mention this month to our maintenance team who are currently working on assessing every residents bed room and have undertaken any required works to ensure our residents' home is kept to the highest possible standards.

Social Media

Make sure to check out the Rubislaw Park Care Home Facebook Page.

Don't Forget To 'Like' Us!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk Reviews

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