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Welcome To Our Newsletter

Since the last edition of our Newsletter, we have celebrated two of the biggest dates on the calendar; Christmas and New Year! We must take this opportunity to wish you all the very best for 2024. Have a read about all that we got up to during the festive season.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Gayle Duthie

Gayle Duthie
Home Manager

Let's Celebrate!

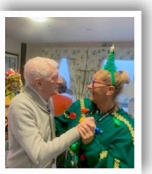
Christmas Party

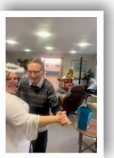
Nursing Unit Christmas Party

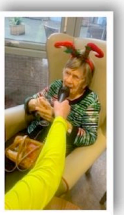
Immersed in the enchanting atmosphere of our annual Christmas party in the nursing unit, the talented Katie McPherson captivated everyone with her delightful entertainment, creating a joyful backdrop for our residents. Our chefs added to the festive spirit with a delectable array of freshly baked treats, perfectly complemented by a few glasses of bubbly. To make the occasion even more magical, Santa Claus paid a visit, generously delivering gifts to each resident. Laughter, treats and holiday spirit blended seamlessly, making the celebration a heartwarming and memorable experience for all.

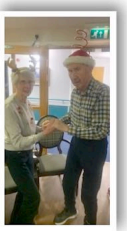
Cults & Cove Christmas Party

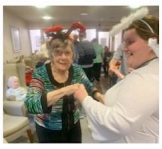
Embracing the holiday spirit, the Cults and Cove community gathered for its annual Christmas Party, highlighted by the charming entertainment of Jack McPherson. Laughter echoed through the halls as residents enjoyed a festive celebration, creating an atmosphere of warmth and camaraderie. The joyous occasion, filled with delightful moments, added to the tapestry of memories that make Rubislaw Park a special place to be.

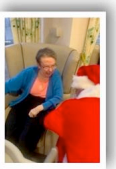












Our Final Christmas Party!

On the 22nd, our last Christmas party was a delectable delight featuring the wonderful entertainment of Bekah. Amidst the festive tunes, the air was filled not only with laughter but also the aroma of a lavish spread. The fizz flowed as a diverse array of delicious foods adorned the tables, making it a great afternoon for all with a perfect blend of merriment and culinary delights.

This special celebration was generously sponsored by a wonderful family member. We extend our heartfelt thanks for their generosity, which not only filled our hearts but also our plates, making this final Christmas party a truly scrumptious and heartwarming experience for everyone at Rubislaw Park.

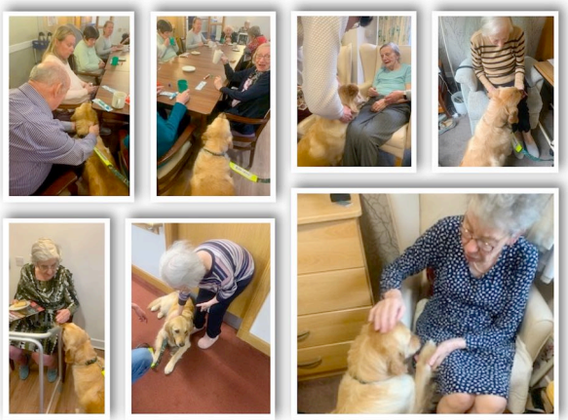
Pet Therapy

Furry Friends!

Christmas Fun with Jura and Poppy

Throughout the entire year, our beloved therapy pets, Jura and Poppy, bring comfort and joy to our residents. Their presence is particularly cherished during the festive period, as they dedicate even more time to spreading warmth and companionship.

Jura and Poppy hold a special place in our community's heart, providing meaningful connections and moments of happiness.



To our furry friends and their dedicated caregivers, a heartfelt thank you from everyone at Rubislaw Park for making us smile and we hope you enjoyed your pawfect gifts from our residents.

Visit From Sonny The Bull Dog Puppy

We had a unexpected but delightful visit from Sonny, the bulldog puppy, who brought joy to our residents. His playful antics and affectionate presence created moments of pure delight, adding a furry touch of happiness to Rubislaw Park.

Christmas Festivities

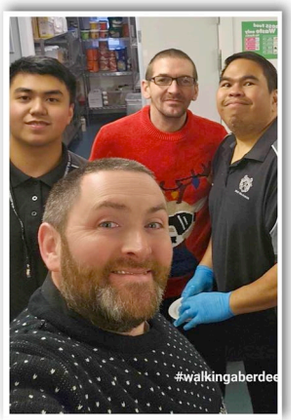
'Tis the Season...

Christmas Card Making

As part of our arts and crafts, our talented residents created Christmas cards, showcasing their creativity and festive spirit. Guided by our wonderful activities team, the session not only produced beautiful cards but also created a joyful atmosphere where residents could express their artistic flair. It's these moments of shared creativity that contribute to the vibrant and close-knit community we cherish at Rubislaw Park.

Christmas Day

Christmas day at Rubislaw Park was nothing short of magical. Our activities team transformed the surroundings into a festive wonderland, creating a warm and inviting atmosphere. The culinary talents of our wonderful chefs came to the forefront with a full traditional Christmas dinner, complete with all the extras. The day unfolded as a giant family Christmas, where everyone was welcomed with open arms.



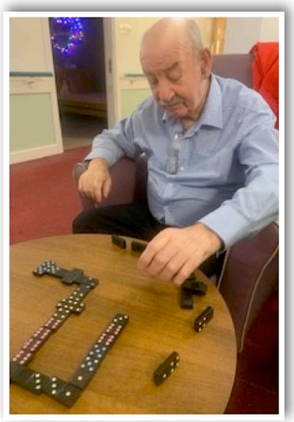
A heartfelt thank you goes out to our dedicated care staff, who not only chose to work during the festive period but also ensured that Christmas Day was a day filled with love for our residents. Their commitment and care made the celebration truly special, creating lasting memories for everyone at Rubislaw Park.

Activities & Games

Fun & Games

Gentleman's Domino Morning

We recently hosted a special dominoes morning dedicated to the gentlemen of our community. It was a delightful opportunity for the men to gather, share stories, and enjoy some quality time together. Providing a space for shared activities strengthens bonds and adds a touch of joy to our community life at Rubislaw Park.



Active Games

In our dementia unit, Cults and Cove, we transformed moments into meaningful experiences with fun and games. From lively balloon tennis matches to joyful singing and dancing, these activities brought smiles and laughter to everyone. Beyond the enjoyment, these engagements served a dual purpose – enhancing cognitive skills and stimulating memories and muscle reflexes. It's a testament to our commitment to creating not just enjoyable moments but also fostering well-rounded and engaging experiences for all residents.

Movie Days

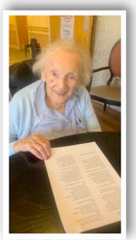
Embracing the wintry weather, we turned chilly days into cozy moments with our movie days at Rubislaw Park. Snuggled under warm blankets and accompanied by snacks, residents enjoyed the comfort of our indoor cinema. To add a personal touch, we let our residents curate a selection of classic cinema gold, making these movie days a cherished blend of warmth, entertainment, and community spirit despite the challenging weather outside.

Spiritual Care

Church Services

In a heartwarming celebration of the festive season, the Living God Church brought not only the spirit of Christmas but also a melody of joy through a beautiful Christmas-themed sermon, accompanied by lots of singing. The room was filled with love, creating a memorable atmosphere that touched everyone present. The generosity of the Living God Church extended beyond the sermon, as our residents were overwhelmed with beautiful gifts, adding an extra layer of joy to the occasion. A heartfelt thank you to the Living God Church for their kindness and everything they do to brighten the lives of our residents here at Rubislaw Park.

Continuing the spirit of the season, our local reverend, Kenneth Pettrie, led another heartwarming Christmas sermon for residents, friends, and family alike. The meaningful words shared during the sermon resonated with everyone present, creating a sense of togetherness and warmth. It was a special time of reflection and celebration, bringing our community and loved ones together to embrace the joy of the holiday season.

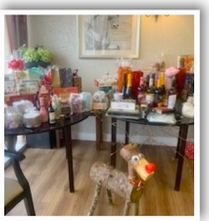


Birthdays & Celebrations

All The Best

Over the past month, we've had numerous reasons to celebrate at Rubislaw Park. Residents marked their birthdays surrounded by loved ones, receiving thoughtful gifts and indulging in delicious cakes.

Our annual Christmas raffle added an extra layer of excitement, and our dedicated staff also joined in the festivities with their own raffle. The handful of lucky winners experienced a particularly merry Christmas!



A heartfelt thanks to everyone who generously donated and purchased tickets, contributing to the success of our celebrations and ensuring the well-being of our cherished residents through the proceeds directed to the Residents Comfort Fund. Your support has made a significant impact (we raised over £600!), to help us create more moments of joy in our home.

Hogmanay Fun

Good Times!

Our Hogmanay celebrations at Rubislaw Park were a lively affair! In the afternoon, we kicked off the festivities with a Hogmanay-themed happy hour, culminating in a traditional round of 'Auld Lang Syne'. Drinks flowed, and the joy of dancing filled the air, as residents and staff alike embraced the spirit of the occasion. Here's to bidding farewell to a fantastic 2023 and welcoming an even better 2024 filled with joy, health and wonderful moments together.

Zumba With Sharron

Motion Is Lotion

Zumba with Sharron has become a highlight of our week at Rubislaw Park! Every Thursday, residents gather to experience the energy and lively atmosphere created by Sharron. From everyone in our home, a heartfelt thank you to Sharron for her dedication and commitment. Your vibrant Zumba sessions bring joy and vitality to our residents, making a positive impact on their well-being and creating memorable moments week after week.

Social Media

Keep In Touch

Make sure to check out the Rubislaw Park Care Home Facebook Page.

Don't Forget To 'Like' Us!

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