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A WARM WELCOME TO OUR
SUMMER 2022

Quarterly Newsletter

Manager's Introduction

We are excited to share some wonderful news and events from Home, Summer Fun and Rotisserie Park in our Summer Quarterly Newsletter. Summer is in full swing and brings a renewed spirit and outdoor opportunities for rest and relaxation. Stay tuned for the exciting activities we have planned!

If you know someone who would like to receive our email newsletter/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Rayleigh Chatmann
Home Manager

Soaking Up the Sunshine

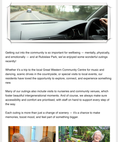
As the days grow warmer, Rotisserie Park enhanced every opportunity to take the outdoors – and what a difference it made! From garden games and sensory sessions in the sun to feeding nursery children with planting projects and bug hunts, our residents made the most of every nurtury moment.

There's something about fresh air, nature, and a change of scenery that lifts spirits and sparks joy. Our residents enjoyed every moment of it. They helped physical coordination, boost mood and interest levels, and encourage meaningful connection between residents, nursery children, and our wonderful nursery children.

Our Quinta sessions and happy hour celebrations have been especially lively when held outside – the early spaces gives everyone room to move, dance, and feel the breeze. Residents shared laughter and stories while enjoying a cool drink and mini Quinta garden filled cookies (yum another Hospitality!) on the deck, those were plenty more wonderful days in the yard to come.

Whether it's music in the courtyard, relaxing among the blooms, or sharing stories under the open sky, these simple moments remind us that joy is often found in the most up and down everyday ones.

Out and About – Making Memories



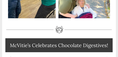
Getting out into the community is so important for wellbeing – mentally, physically and emotionally – and at Rotisserie Park, we enjoyed some wonderful outings this quarter.

Whether it's a visit to the local Silver Sneakers Community Center for mass cardio dancing, scenic drives in the countryside, or special visits to local events, our residents have loved the opportunity to explore, connect, and experience something new.

Many of our outings also include visits to museums and community venues, which foster beautiful intergenerational moments. And of course, we always make sure accessibility and comfort are prioritized, with staff on hand to support every step of the way.

Each outing is more than just a change of scenery – it's a chance to make memories, boost mood, and feel part of something bigger.

McVitie's Celebrates Chocolate Digestives!



What a treat – Rotisserie Park joined in the fun as McVitie's marked 100 years of the delicious Chocolate Digestive! We were delighted to share in the celebration, enjoying plenty and a specially designed quiz that had everyone chuckling and reminiscing. It's amazing how a simple biscuit can bring back memories and spark conversations that sharing stories and feeling that classic knowing.

The centenary celebration wasn't just fun – it sparked the powerful role of food memories in wellbeing. McVitie's has created the Chocolate Digestive that remains greatest memories "time created in 1926. This iconic treat continues to unite generations, bring joy, and create moments of connection and celebration with everyone, and you, and nationwide events.

Our quiz and lively prizes created joyful moments of social connection, cognitive stimulation, and simple delight – exactly the kind of meaningful activity that supports wellbeing. We're grateful to McVitie's for thinking of us and sharing this celebration with our community.

Remembering 80 Years Since VE Day

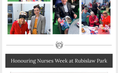
In May, we marked the 80th anniversary of VE Day with a charming old-fashioned British tea party in our courtyard. Residents, staff, and visitors enjoyed the sunshine, plenty of delicious cake, and lots of wonderful laughter.

This celebration was especially meaningful as many of our residents either served during the war or have family who served. It's moments like this that remind us why Rotisserie Park's Personalized Life Plan allows us to connect with their stories, respect their sacrifices, and preserve these important memories for future generations.

The event supported wellbeing by fostering reminiscence, social connection, and a strong sense of community. The simple tea's made a wonderful reminder that even in difficult times, small moments can bring joy, build lasting connections and fulfillment.

It was truly special to see everyone come together to celebrate resilience, hope, and shared history.

Honouring Nurses Week at Rubislaw Park

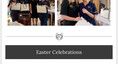


We proudly celebrated Nurses Week, held annually from May 6th to 12th, commemorating our Florence Nightingale's birthday. This week recognizes the dedication, compassion, and tireless contributions of nurses and healthcare professionals, while highlighting the legacy of nursing pioneers like Rachel Lockhart, who helped establish formal nurse training in Aberdeen in the 1870s.

To mark the occasion, we hosted a special lunch for our nursing team, presenting each nurse with a bouquet as a token of our deep appreciation. Nurses Week is an important reminder of the care, skill, and heart that our nurses bring compassionately, person-centred care and to support their wellbeing.

We are grateful to all our nurses at Rotisserie Park for their professionalism, warmth, and dedication – they truly are the heart of our community.

Easter Celebrations



Rotisserie Park was bursting with colour and cheer as we celebrated with a fun-filled Easter raffle and a classic bonnet-making contest! Residents, families, and staff all got involved, bringing their creativity and smiles to the table.

The Easter raffle raised funds for our residents' comfort fund, supporting extra comforts and small joys throughout the year. The bonnet-making contest brought out everyone's artistic side – and flexible, flowery, and even a little chocolate egg-adorning that was, has some truly impressive designs!

Moments like these are about more than just celebration – they support the mood, skills, provide sensory stimulation, and most importantly, give everyone a chance to connect, laugh, and feel part of something joyful.

It was a heartwarming day full of love, laughter, and sparkling spirit.

A Special Mother's Day Celebration

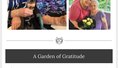
In April, we honoured the incredible women in our lives – and just every, but particularly our mothers, grandmothers, and those who have cared for us with such grace and love. We marked Mother's Day, Pay Day and May's chance to celebrate them all.

The tables were dressed with fresh flowers, the cake stands were overflowing with delicious homemade treats, and soft music played in the background as residents gathered with loved ones to enjoy this afternoon together.

More than just a social event, this gathering supported emotional wellbeing, strengthened family connections, and created lasting memories that will be treasured for holiday years. Our team served as friend throughout, making sure every moment felt special, relaxed, and filled with genuine warmth.

It was a joyful, heartfelt day to celebrate women present and others endearingly across generations – a real testament to the love, life, and legacy our residents hold.

A Garden of Gratitude



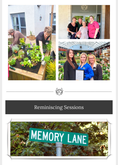
Rotisserie Park was thrilled to be named a winner of the Dobbies Community Garden Grant! The garden project, which began in September 2024 and was completed just in time for spring after the long winter months, that the support we received and the beyond funding.

As part of the prize, the brilliant team from Dobbies didn't just provide expert advice on choosing the right plants – they rolled up their sleeves and got involved, helping our residents plant, tend, and celebrate the garden alongside our team members. That presence turned the project into a joyful community experience full of conversation, connection, and fresh air.

Many of our residents joined in with planting the geraniums lovingly mentioned and tended to the garden throughout the year, enjoying the colour, the sights, smells, and textures of the new greenery not only brighten the space but also offer important moments of calm, connection, and joy – especially meaningful in a dementia friendly setting.

With Dobbies also partnering with Dementia UK this year, the collaboration felt like a perfect match. We are beyond grateful for their generosity, kindness, and heartfelt support. The garden is already beginning to bloom, and we can't wait to see it flourish in the weeks ahead.

Reminiscing Sessions



At Rotisserie Park Care Home, our reminiscing sessions offer a heartfelt opportunity for residents to connect with their past and share treasured memories. Sometimes they bring photos, sometimes they share stories, and sometimes they just listen respectfully. These sessions cover a wide variety of themes – from musical memories to cherished family moments, hobbies, and life milestones.

These diverse experiences help stimulate the mind, encourage conversation, and create positive emotions in a comforting, familiar way. Many residents find joy and comfort revisiting stories from their youth, family traditions, and significant life events.

By focusing personal histories through these casual sessions, we strengthen bonds between residents and staff and create a caring, supportive community. These moments help maintain identity and dignity, which are so important in assisted living.

We feel truly privileged to offer such meaningful experiences where memories come alive and friends are warmed.

Celebrating Milestones – Residents & Staff

We believe every milestone deserves recognition – whether it's a birthday or a well-earned anniversary, these moments remind us of the joy, resilience, and care that surrounds. Whether family and friends were able to join in person or we, our team, celebrated on their behalf, each milestone is marked with warmth and genuine care.

Alongside these cherished resident birthdays, we've also been proud to recognize our incredible staff through our Employee of the Month award. This is our chance to highlight those team members who go the extra mile, show unexpected dedication, and help create the warm, supportive environment we strive for every day.

Whether it's a resident or a team member, we're committed to making everyone at Rotisserie Park valued, seen, and celebrated.

Pollard's Promise

Pollard's Promise is a respected award initiative that recognises the dedication and resilience of care home staff and residents across the care sector—not just within Quality Care Group (QCG) homes, but more broadly. It celebrates those who go above and beyond to make a difference in the lives of others, shining a light on true compassion and strength.

At Rubislaw Park Care Home, part of the Care Concern Group (CCG), we are proud to have two wonderful nominees this year. Joan, a valued staff member with over 30 years of dedicated service, and one of our residents who has shown incredible courage through challenging times, were both nominated in this inspiring programme.

Both Joan and our resident were delighted to receive beautiful gifts, carefully chosen to reflect their individual likes and personalities. Pollard's Promise is truly special in how personalised it is—not a one-size-fits-all approach, but a meaningful recognition tailored to each person's unique journey.

We are honoured to participate in Pollard's Promise, as it recognises the heart and soul of care – the people who make every day better for those around them.

In-House Hair Care Training

Rubislaw Park was proud to host a very special in-house hair care course, developed and delivered by our own team to help carers feel more confident in supporting residents' hair and scalp health.

The sessions included guidance on scalp analysis, identifying common issues, gentle cleansing techniques (including bed-based washing), and basic blow-drying skills — with a strong focus on sensory awareness, comfort, and dignity at all times.

We understand that good hair care goes beyond appearances — it supports self-esteem, mental wellbeing, and the simple joy of feeling like yourself. With that in mind, the course also covered how to adapt techniques to meet individual needs and how to keep residents safe when using heat tools or products.

Everyone who attended received a certificate of completion, and we're so proud of the engagement and enthusiasm shown by our carers. This is just the beginning — more training days are already in the works!

Social Media

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Don't Forget To 'Like' Us!

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