RUBISLAW PARK
CARE HOME

INTRODUCTION

Message From Our Manager

As the leaves turn golden and the air grows crisp, we welcome you to our Autumn edition of the Rubislaw Park newsletter. This season has been filled with care, joy and community spirit that makes Rubislaw Park such a special place to call home. From outings and celebrations to new projects and fundraising adventures, the past few months have been filled with moments to cherish. We are delighted to share some of these highlights with you.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign Up

Best wishes,

Kayleigh Chisholm
Home Manager

ACTIVITIES & EVENTS

GladforCare Week 2025

This June we joined the nationwide celebration of GladforCare Week, a time to shine a light on the incredible care and support that our residents receive every day. Each day had its own theme: Motivation Monday lifted us with words of encouragement, Tune-It-Up Tuesday brought music and laughter, Wellness Wednesday focused on gentle movement and mindfulness, Thrifty Thursday Made Wear the Same with the smell of delicious homemade dishes at our particular Nosh and Feel-Good Friday ended the week with plenty of smiles.

The real joy was in the time moments, staff and residents swapping recipes, laughter echoing around the dining room, and a shared sense of gratitude for the care and community we have here. Tasty Thursday was such a hit that we've planned it's two good not to repeat!

Our Epic Summer Party!

What a truly magical day! Our Epic Summer Party, the biggest annual event of the year at Rubislaw Park, brought residents, staff, and our wonderful community together for a day filled with joy, laughter, and unforgettable memories. Thanks to everyone for the Caddie, the Lord Provost, and so many generous friends from across Aberdeen, your support and smiles made the day unforgettable.

The sun shone as everyone enjoyed stalls, entertainment, a barbecue, an ice cream van, and even rides with Cycling Without Age. Seeing residents' faces light up, hearing laughter ripple through the day, and feeling the warmth of community spirit reminded us just how special the Rubislaw Park is.

Thanks to everyone's generosity, we raised over £1,000 for our Residents' Comfort Fund, helping make every day brighter for those we care for. The wonderful memories created will live on in Rubislaw@Photos.com will be a treasure this extraordinary day for years to come.

Community Outings

Our residents love getting out and about, and this season's community outings were full of excitement and pleasure! The highlight was the Taj Mahal with which residents were loaded up for tasty and flavourful Indian cooking, arts, and shared laughter as they enjoyed this electric together. Outings like these are more than just trips, they are at the heart of what we do, giving residents the chance to stay connected with the wider community, make memories, and feel the joy of being out together. We have light up and hearing stories shared remind us how much it matters to celebrate life beyond the walls of Rubislaw Park.

Church Services

Faith and reflection are important parts of life at Rubislaw Park, and this season we were delighted to offer both in-house services and trips to local churches. Whether joining together in familiar surroundings or visiting our neighbours, residents enjoyed peaceful moments of worship, song, and shared reflection. These services are more than just a time for spiritual connection, they bring comfort, joy, and a sense of belonging residents feel supported spiritually while remaining engaged with the wider community.

Fabulous Entertainment

Summer was full of laughter, music and unforgettable experiences! From talented local performers to trips to the Tivoli and Cruse Bistro, to the Lord Provost Garden Highlanders Museum only joined us to deliver a powerful, living history lesson. Entertainment is more than passing the time, it sparks joy, creates memories, and brings people together in ways that last long after the last note has faded around them. Each performance and outing reminds us why bringing culture, smiles, and excitement into everyday life is so important at Rubislaw Park.

Cycling Without Age: Pedals of Possibility

This season, Rubislaw Park embarked on an exciting journey with Cycling Without Age, bringing residents out on the pedals for a leisurely adventure in a fully special way. Using specially designed electric-assisted trishaws, trained volunteer pilots took residents on scenic rides, allowing them to feel the wind in their hair and reconnect with the community.

These outings were about more than the ride, they created moments of joy, fostered conversation, and gave residents the chance to see familiar places in a new light. Whether leisurely cruise through local parks or a brief filled journey around the neighbourhood, each ride was a reminder of the vitality and spirit that thrives within our community.

We are incredibly grateful to Cycling Without Age Scotland for making these experiences possible and look forward to many more shared adventures.

Courtyard Blooms: A Garden to Treasure

Last season, our courtyard is bursting with colour thanks to Dobbies Garden Centre! After winning their Community Garden Contest, we received £1,000 to bring our garden dreams to life. Even more special, we were gifted time with gardening experts from Dobbies, who shared their knowledge and tips for how we can care for our outdoor space for years to come.

Our residents, staff, and visitors have loved seeing the courtyard come alive, enjoying the flowers, fragrances, and peaceful spots to relax. The project reminds us that with a little help, guidance, and care, we can create beauty, connection and joy that lasts for everyone.

RUBISLAW PARK NEWS

Employee of the Month

Our team is the heart of everything we do, and each month we take a special moment to celebrate that. On the last Friday of every month, we recognise our Employee of the Month, honouring someone whose dedication, kindness, and compassion make a real difference to the lives of our residents and colleagues. We love hearing stories from residents, families, and fellow colleagues who nominate a worth, care, and commitment that make Rubislaw Park such a wonderful place. These celebrations are a joyful reminder of the teamwork and heart that shine here every day.

Make-A-Wish UK Fundraising

At Rubislaw Park, we believe in the power of community and the joy of giving. This year, we have been dedicated to supporting Make-A-Wish UK, helping to grant life-changing wishes for children facing critical illnesses. Our fundraising journey has been filled with creativity, energy, and heartfelt moments.

We kicked off with a delightful bake sale, where residents, staff, and visitors came together to enjoy homemade treats and contribute to a worthy cause. The generosity and spirit shown were truly inspiring.

Our very own manager, Kayleigh, took fundraising to new heights by participating in a sponsored bungee jump, showcasing her dedication to Make-A-Wish and commitment to the cause. Her bravery and enthusiasm rallied us all to give our best!

Looking ahead, we are excited to host a Zumba Glow Party, where we will dance the night away under neon lights, raising funds and sparks alike. This event promises to be a fun-filled evening of movements, music, and community.

Our fundraising efforts will continue throughout the year, with each event bringing us closer to our goal and spreading joy in the process. We are grateful for everyone who has supported us so far and look forward to many more moments of generosity and joy.

Coming Soon: Zumba Glow Party!

Get ready to dance, shine, and raise funds! Our Zumba Glow Party takes place on 26th September at 6 pm, promising an evening full of music, movement, and neon lights. Tickets are £10 each, or you can sponsor us to help grant even more wishes through Make-A-Wish UK. Residents, staff, and friends from the community will come together for fun, fitness, and fundraising. It is set to be a night to remember, so don't miss out on the glow!

CELEBRATIONS

Birthdays, Anniversaries & Special Celebrations

We love celebrating life's special moments. This season was filled with birthdays, anniversaries and other special occasions, giving us the chance to come together as a community. Every celebration, big or small, is an opportunity to shine our residents and staff just how much they are valued, supported, and appreciated. From laughter shared over birthday cakes to anniversary toasts and milestones celebrated with warmth and joy, happiness, connection, and care are at the heart of everyday life at Rubislaw Park.

EXTERNAL LINKS

Social Media

Make sure to check out the Rubislaw Park Care Home Facebook Page for all our latest photos!

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Carehome.co.uk & Google Reviews

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