RUSHILME PARK
CARE HOME

Welcome

Message From Our Manager

The start of the year has been very and positive time here at Rushielme Park Care Home. We have enjoyed a wide range of activities and events, from celebrating traditions to welcoming special visitors and trying new experiences.

It has been particularly encouraging to see residents getting involved, sharing their memories and building friendships with one another. The sense of community and belonging seems ever stronger, which is the kind of moment that really feels meaningful.

Thank you to our residents, families and staff for continuing to contribute to the welcoming atmosphere we are proud of. We hope you enjoy reading about some of the highlights in this newsletter.

If you have someone who would like to receive our email newsletters updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign Up

Best wishes,

Kayleigh Chatburn
Home Manager

SEASONAL EVENTS

Celebrating Burns Night

January saw our home come alive with the warmth and tradition of Burns Night. Residents were treated to a truly special day as Raymond Mack, Andrew Rushton-Park, accompanied by a talented young piper who kindly took time out of his evening to join us, brought the spirit of Robert Burns' poetry, music and celebration straight from the very first moment.

The haggis was piped into each unit with ceremony before Raymond recited Traditional Burns poetry and addressed the haggis, which was then ceremoniously cut and shared among the residents. Alongside the main event, the residents enjoyed a hearty and delicious meal of haggis, neeps and tatties.

The celebrations continued in the main dining hall, where Raymond delivered a captivating performance, sharing music and stories that had everyone smiling, tapping along and fully immersed in the spirit of the evening.

Burns Night at Rushielme Park was a wonderful celebration of Scottish heritage, bringing together music, poetry and the joy of coming together for tartan tradition while creating lasting memories.

Valentine's Celebration

14th February was a day full of love, laughter and cuddles at Rushielme Park as we celebrated Valentine's Day in our style. The home was transformed into a heart-filled haven, with residents and their loved ones coming together to share in a wonderful day of fun, music, friendship, family and loving care. It was a celebration of connection and sense of community that makes life here so special.

Our day was made even more memorable by a beautiful performance from Amanda, who filled the room with song and music, creating moments of laughter, tapping feet and smiles all round. Her talent brought a touch of magic to the afternoon, engaging everyone in a lovely, shared singing session and helping the day feel extra special.

Adding to the celebration, Lou Ascribe Manager, accompanied by her delightful grandchildren, visited each resident personally, handing out roses and chocolates - a simple but thoughtful gesture that brought so much happiness. It was a day that reminded us how much small acts of kindness can brighten everyone's day.

Valentine's Day at Rushielme Park was not just a celebration of the day itself, but of the love, care and sense of family that fills our home every day.

Shrove Tuesday

On 17th February, Rushielme Park was filled with the delicious aroma of pancakes as we celebrated Shrove Tuesday in traditional style. Residents came together to make and enjoy pancakes, sharing their favourite toppings and creating sweet treats that brought smiles all round.

The excitement was contagious, with laughter and chatter filling the air as everyone gathered around the table to share in the tradition. It was a day full of joy, good humour and enjoying the simple pleasures of cooking together. This day was a perfect reminder of how small, meaningful activities can bring joy and connection.

Shrove Tuesday at Rushielme Park was a heartwarming celebration of tradition, creativity and togetherness - a day that left everyone feeling happy, full and just a little bit sweet.

Celebrating Chinese New Year

Over several days between 17th February and 3rd March, Rushielme Park came alive with the lights, sounds and flavours of Chinese New Year. Residents enjoyed a wonderful celebration of culture, tradition and shared moments of joy.

A standout highlight was the spectacular performance by New Hong Kai Ffion Rhiannon, who brought the magic of a traditional lion dance right into our home. Her performance was full of energy, colour and movement, and it left everyone around the home, their energy and spirit captivating everyone. The beat of the drums and the movement of the lion created a truly memorable experience.

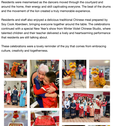
Residents and staff also enjoyed a delicious traditional Chinese meal prepared by Soy Code Aberdeen, bringing everyone together around the table. The celebrations continued with a lovely afternoon tea on 3rd March, where residents enjoyed traditional children and their teacher delivered a lively and heartwarming performance that residents are still talking about.

These celebrations were a lovely reminder of the joy that comes from embracing culture, creativity and togetherness.

Mother's Day Celebration

On 15th March, Rushielme Park was filled with warmth and appreciation as we celebrated Mothers Day.

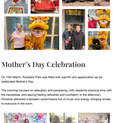
The morning focused on relaxation and pampering, with residents enjoying time with their loved ones and being treated to a wonderful afternoon tea. The afternoon became a delightful performance full of music and energy, bringing smiles to everyone in the room.



A Lively St Patrick's Day

On 17th March, Rushielme Park was full of energy as we celebrated St Patrick's Day with a performance from Campbell's Irish Dance School.

The young dancers amazed everyone with their skill and enthusiasm, creating a lively atmosphere that residents thoroughly enjoyed.



ACTIVITIES & EVENTS

Royal Scottish Ballet

January brought a truly unforgettable experience to Rushielme Park, as we welcomed members of the Royal Scottish Ballet while they were in Aberdeen performing Swan Lake. Our home was filled with excitement as residents had the unique opportunity to be part of the production team and get a fascinating insight into the world of ballet.

The session was wonderfully hands-on, with residents invited to explore authentic stage props and costumes, speaking conversation, memories and curiosity throughout the group. Widow Iron darned the scenes brought the performance to life, sharing stories and answering questions with enthusiasm.

A highlight of the morning was a beautiful, polished, short-based ballet session. Residents were gently guided through graceful movements, supporting balance, posture and coordination, while enjoying the calming and expressive nature of dance.

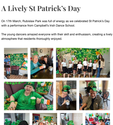
This special visit perfectly reflects our commitment to providing meaningful enriching experiences that nurture both physical wellbeing and emotional connection, creating moments of joy, creativity and togetherness that truly make Rushielme Park feel like home.

Music & Dance Afternoon

Recently, residents enjoyed a fantastic musical performance from Alvaro J.J. Featuring his talented Lady, this unique and engaging performance brought the room with energy as he performed a range of well loved songs.

A particular highlight was his selection of Pink Floyd classics, which brought a real sense of nostalgia and joy. Residents sang along, tapped their feet and enjoyed the music that sparked so many memories.

The afternoon became even more special when the Lord Provost and Lady Provost joined the celebration, adding a touch of grace to the occasion - a lovely, spontaneous moment that brought smiles all round.



Growing Together

Throughout March, residents have been enjoying time outdoors as we refreshed our garden spaces. From choosing plants to planting and caring for them, it's been a shared and meaningful experience.

The sense of pride has been clear to see, with residents returning each day to check on their plants. It has been a simple but powerful way to bring people together and enjoy the outdoors.

100th Birthday Celebration

On 4th February, Rushielme Park marked the milestone of celebrating a truly remarkable milestone - a very special 100th birthday. The day was filled with love, laughter and cherished moments as the resident's family hosted a celebration in his honour - a fitting tribute to our home.

We were delighted to welcome the Lord Provost and Lady Provost, who joined residents and staff to share in the celebration. Our centenarian was also thrilled to receive a card from the King - a keepsake that will be treasured.

It was a beautiful reminder of the importance of family, community and connection, bringing everyone together to celebrate a life well lived.

Weekly Activities Forum

On 25th February, we introduced our first weekly Activities Forum as Rushielme Park's an important step in ensuring residents' voices remain at the heart of everything we do.

The forum provides a relaxed space for residents to reflect on the week's activities and share their thoughts and ideas. It was great to see everyone engaging so openly, helping shape the life of our home.

EXTERNAL LINKS

Social Media

Make sure to check out the Rushielme Park Care Home Facebook page for all our latest photos!

Don't Forget To 'Like' Us!

Leave A Review

We would be very grateful if you could leave us a review on Google or review us on:

Carehomes.co.uk & Google Reviews

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