BUSHLAW PARK
CARE HOME

INTRODUCTION

Message From Our Manager

Welcome to our latest Bushlaw Park Care Home newsletter.

The spring and early summer months have been filled with activity, community engagement and meaningful moments that have brought residents and their families closer together and our the local area. From garden improvements and community outreach initiatives to cultural events and intergenerational visits, there has been something for everyone to enjoy.

As always, we are grateful to our residents, families, staff and local partners who make Bushlaw Park such a vibrant and welcoming place to live. We hope you enjoy reading about the highlights from the past few months.

If you know someone who would like to receive our email newsletters (update your details at us know, or forward them the newsletter sign up link below.

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Best wishes,

Kayleigh Chisholm
Home Manager

ACTIVITIES & EVENTS

VE Day Celebrations

Residents, staff and families came together to mark VE Day with a special celebration held in our main dining hall.

The room was beautifully decorated and filled with a warm party atmosphere as everyone enjoyed tasty refreshments and the opportunity to spend time together. We loved seeing residents chatting with their families and sharing memories in a relaxed sense of occasion and brought back many happy memories.

The day offered a chance to reflect on an important moment in history while also celebrating community, friendship and togetherness.

Intergenerational Connections

Our regular visits with children from Bright Horizons Nursery and St Margaret's Primary continue to be a much loved part of life at Bushlaw Park.

These sessions bring together residents and children for games, crafts, conversation and shared moments that mean a great deal to everyone involved. We love seeing meaningful connections between generations and actively benefiting from being involved.

For residents, the visits encourage social interaction, stimulate memories and provide a sense of purpose and connection. For the children, they help develop confidence, empathy and understanding while creating lasting memories. Moments like these show why care can be something truly special and continue to bring joy and meaningful connections.

Football Fever at Rabislaw Park

We have been plenty of excitement around the home as football fever has taken hold.

Residents and staff were worked together to decorate communal areas, creating a lively atmosphere filled with conversation, laughter and shared interests. Decorations, competitions, craft themed events, refreshments and plenty of trivia discussion and friendly banter.

To add to the excitement, we have organised a football themed raffle with some fantastic prizes, which will be drawn on Friday 29th June. This event has brought residents, families and staff together and added to the enjoyment of following the tournament.

DAY & WHAT

Transforming Our Outdoor Spaces

Over the past few months, residents and staff have worked together to refresh and improve our outdoor spaces, creating more inviting areas for relaxation and improvements to the overall courtyards are meaningful ways that helped create bright and welcoming environments for everyone to enjoy.

Residents have been involved in choosing what to be updated, prioritising shared spaces for residents and visitors to relax, socialise and enjoy the fresh air. To encourage outdoor activity, we have introduced a selection of giant garden games which have quickly become popular with our residents and visitors alike.

The project has been a great success. The new outdoor areas are enhancing mood and encouraging more time spent outdoors. We look forward to continued outdoor days that successes can enjoy throughout the warmer months.

Cycling Without Age Returns

We were delighted to welcome back Cycling Without Age for another season of enjoyable outdoor rides.

These outings have become a firm favourite with residents, offering the chance to enjoy the local area, visit places such as Haddiscoe Park and experience the simple joy of being outdoors in good company. The rides continue to bring smiles and give residents and the opportunity to reconnect with familiar places and memories.

Cycling Without Age is a charity dedicated to helping older people and those with mobility challenges enjoy cycling in a safe, comfortable and sociable way. Thanks to trained volunteers, this service is supported free and we are constantly grateful for the volunteers for the time, care and opportunities they provide for our residents.

Fun in the Sun

The arrival of warmer weather on the 1st of May gave us the perfect excuse to spend more time outdoors.

To make the most of the sunshine, we welcomed an ice cream van to Bushlaw Park, treating residents, staff and visiting friends and families to a delicious ice cream treat. Our gardens and courtyards were filled with conversation, laughter and plenty of smiles as residents enjoyed the sunshine and the ice cream.

It was a lovely reminder that warmer days bring simple moments that make the greatest enjoyment.

Afternoon Tea at Mannofield Church

A group of residents enjoyed a lovely outing to Mannofield Church, where they were warmly welcomed for an afternoon tea accompanied by live music from Jim Smith.

Residents enjoyed delicious refreshments, wonderful company and a relaxed afternoon out. The outing provided residents with time to enjoy singing along and enjoying the familiar songs.

The outing provided a valuable opportunity to spend time in the local community and enjoy a change of scenery with friends.

Staying Connected to Our Community

As the weather has improved, residents have been making the most of opportunities to spend more time out and about.

Our regular walking groups continue to enjoy visits to local favourites, including stops at the Post Court Hotel for tea and cake. Trips to Johnston Gardens have also been popular, allowing residents to enjoy the beautiful surroundings and seasonal scenery.

Our gardeners have continued their visits to the Bike Shed in Kirkton, where they enjoy socialising, learning new skills and taking part in meaningful activities. We have also been out supporting local charities, including Macmillan, Breakthrough Breakthrough and contributing across local homes.

These community links remain an important part of life at Rustlaw Park, helping residents stay connected, active and engaged.

Visit to St Margaret's School Summer Show

On 14th June, a group of residents attended St Margaret's Nursery Summer Show.

Residents thoroughly enjoyed watching the pupils perform and were impressed by the talent and confidence on display throughout the performances. The visit also provided a wonderful opportunity to support the local school community, while enjoying an entertaining afternoon.

Maintaining strong links with local schools continues to be an important part of our community engagement programme and provides valuable opportunities for intergenerational connection.

STAFF NEWS

Celebrating Our Nursing Team

During Nurses' Week, we took the opportunity to recognise and thank our dedicated nursing team for everything they do.

Throughout the week, nurses were presented with small gifts and enjoyed eleven days of appreciation from residents, families and colleagues. The team's dedication, compassion, professionalism and commitment have demonstrated every day in supporting residents and their families.

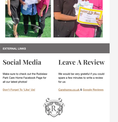
We are incredibly proud of our nursing team and grateful for the care and kindness they bring to our home.

International Tasting Day

On 19th May, staff came together to celebrate International Tasting Day by sharing a variety of homemade dishes from different cultures and backgrounds.

Team members prepared and brought in some of their favourite traditional foods, creating a wonderful spread that brought people together to share food, culture and conversation. It was a lovely afternoon filled with smiles and laughter, and it proved once again what is possible when enjoying good food and conversation.

It was a lovely celebration of diversity, teamwork and community within Bushlaw Park.



C.C.G. Charity Football Tournament

On 27th June, members of the Bushlaw Park team will take part in the C.C.G. Charity Football Tournament at Cove South Football Club in support of the Cove Markets Charity.

The team promises to be a fantastic day of friendly competition, fundraising and community spirit, with plenty of laughter and friendly rivalry expected throughout the day.

We look forward to supporting this important charity and enjoying a great day out with colleagues from across the group.

Employee of the Month Recognition

Our employees of the month initiative continues to celebrate the outstanding dedication and commitment shown by members of our team.

Each month, staff are nominated by colleagues, residents and relatives for contributions to care, teamwork, kindness and going above and beyond in supporting ancient care. These awards provide an opportunity to recognise those individuals who consistently go above and beyond in their roles.

We are proud of all our staff and grateful for the positive difference they make every day to the lives of our residents and their families.

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