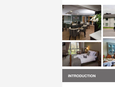

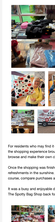

RUBISLAW PARK
CARE HOME

INTRODUCTION

Message From Our Team

We have had plenty to enjoy at Rubislaw Park over recent months, with a lovely mixture of activities, outings and opportunities to spend time with friends, family and our wider community.

Residents have been busy knitting for a very worthwhile cause, enjoying trips out with Cycling Without Age, shopping from the comfort of home and spending time with children from Bright Horizons Nursery. We have also been fundraising for The Care Workers Charity and celebrating some well-deserved achievements within our team.

Thank you to our residents, relatives, friends, staff and everyone within our local community who continues to support and get involved with life at Rubislaw Park. We hope you enjoy looking back at some of our recent highlights.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Rubislaw Park Care Home Team

ACTIVITIES & EVENTS

Knitting for a Good Cause

A few of our ladies enjoyed another morning at our Knitting Club, and this time their hard work has been for a particularly worthwhile cause.

Our handmade baby hats and cannula sleeves are now ready to be delivered to the Neonatal Unit at ARI. A great deal of time and care has gone into every stitch, and it is lovely to know that the finished items will help support tiny babies and their families.

There was also plenty of conversation while everyone knitted. Residents enjoyed reminiscing about times gone by, sharing memories of trips to the theatre, dancing at the Beach Ballroom and the old shops around Aberdeen.

It was a lovely morning combining knitting, memories and the opportunity to give something back to our community.

Baking for The Care Workers Charity

Our Bake Sale in aid of The Care Workers Charity was a fantastic success, bringing residents, friends and family members together for a busy day of fundraising and socialising.

There was a wonderful selection of homemade baking to choose from, all prepared by our staff and family members. We even had our very own barista serving a selection of freshly made coffees to enjoy alongside the treats.

Most importantly, thanks to everyone's generosity and support, we raised an excellent £370 for The Care Workers Charity.

Thank you to everyone who baked, donated, helped on the day or simply came along to enjoy a coffee and something sweet. It was lovely to see everyone coming together to support the charity.

The Spotty Bag Shop Comes to Rubislaw Park

Residents and family members enjoyed a day of shopping when The Spotty Bag Shop brought its wonderful selection of items directly to Rubislaw Park.

There was plenty to browse, including bags of sweets, outfits, cosy slippers and smalls. Everyone enjoyed taking their time looking through what was available and choosing a few favourites.

BAG SHOP
BANFF

For residents who may find it difficult to get out to the shops independently, having the shopping experience brought directly to the home gave them the opportunity to browse and make their own choices without having to travel.

Once the shopping was finished, everyone headed into the courtyard for refreshments in the sunshine. It was a chance to relax with family and friends and, of course, compare purchases and chat about what everyone had bought.

It was a busy and enjoyable day, and we are already looking forward to welcoming The Spotty Bag Shop back for another visit.

Hello!
SV74 XHO

Fun with Bright Horizons Nursery

We had a lovely morning of intergenerational fun when children from Bright Horizons Nursery came to spend some time with us.

Our ladies thoroughly enjoyed meeting the children, playing different games together and sharing lots of conversation and smiles.

There was plenty of laughter throughout the morning, and it was lovely to see the different generations enjoying each other's company.

Thank you to the children from Bright Horizons Nursery for coming along to see us. We really enjoyed having you.

OUT & ABOUT

An Afternoon at Springfield Church

We enjoyed a lovely afternoon out at Springfield Church, with plenty to keep everyone entertained.

Ali Cameron gave an interesting talk entitled 'What Lies Beneath', which was followed by afternoon tea and music from The Finzean Ukulele Group.

There was plenty of singing and good company throughout the afternoon, as well as the opportunity to meet some new people. Thank you to everyone at Springfield Church who helped make us feel so welcome.

Cycling Without Age

We were delighted to welcome Cycling Without Age back, with a few of our residents heading out for a trip to Hazlehead Park.

Everyone enjoyed taking in the sights and beautiful surroundings while getting some fresh air and spending time in good company.

It was a lovely opportunity to get out and about and enjoy the park together, and we were very pleased to welcome Cycling Without Age back for another outing.

STAFF NEWS

Employee of the Month

Congratulations also go to Jojita, one of our carers, who has been named Employee of the Month.

Jojita has been recognised for her compassion, hard work and continued dedication to our residents. Her kind and caring nature and commitment to her role make a positive difference each day. Well done, Jojita. We are delighted to have you as part of the Rubislaw Park team.

EMPLOYEE OF THE MONTH

Congratulations to Sarah

We would like to congratulate our nurse, Sarah, who has received our Values Award for Passionate.

Sarah was recognised for her dedication to our residents and staff, as well as the calm and cheerful approach she brings to her role. Congratulations, Sarah, on a very well-deserved award.

WE ARE
PASSIONATE

COMING UP

Looking Ahead...

As we move further into autumn, we look forward to continuing with more activities, outings and opportunities to spend time with our families, friends and local community.

We are also looking forward to another shopping day when The Spotty Bag Shop returns, as well as continuing to enjoy the friendships and community connections that play such an important part in life at Rubislaw Park.

Thank you, as always, to everyone who continues to support our residents and team. We look forward to sharing more of our news with you in our next newsletter.

EXTERNAL LINKS

Social Media

Make sure to check out the Rubislaw Park Care Home Facebook Page for all our latest photos!

Don't Forget To 'Like' Us!

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk & **Google Reviews**

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